

Neighbours in action

ROLLERSKATE AND ROLLER-SKIS SPEED RACING HALF-MARATHON Gołdap, 27th July 2014

TERMS AND CONDITIONS

I. TASKS AND AIMS

- 1. To make rollerskate and roller-skis speed racing more popular.
- 2. To promote Goldap.
- 3. To promote a healthy life style.

II. ORGANISERS

1. Gołdap Municipality - Ośrodek Sportu i Rekreacji w Gołdapi, ul Stadionowa 5A, 19-500 Gołdap www.osirgoldap.pl, tel./fax. +48 87 615 06 41, osir@osirgoldap.pl

III. DATE AND VENUE

- 1. The competition will take place in Gołdap on 27th July 2014 (Sunday) the start and finish line is in Plac Zwycięstwa, opposite the Town Hall. The competition will start at 12:00 p.m. (in case of inclement weather: rain or wet pavement, the organisers reserve the right to postpone the starting time)
- 2. The route is set along Gołdap streets: Plac Zwycięstwa, Streets: Wolności, Wojska Polskiego, Gumbińska ring road, Streets: Mazurska, Okrężna, Lipowa and again Plac Zwycięstwa (the pavement condition is good asphalt). During the race, from start to finish, the traffic shall be on the right-hand side. The half-marathon route includes three laps 7 km each.

IV PARTICIPATION:

- 1. Participants must have a valid medical certificate confirming they are fit to race. The contest will have the following categories: open women K and men M in roller skates and roller-skis speed racing (any technique) divided into age categories.
- 2. In order to participate, the contestant must register using an on-line form until 20th July 2014 or at the Contest Office until 26th July 2014 until 9:00 p.m.
- 3. In order to participate in the race, the contestant must be 16 years of age or over as of 27th July 2014. Underage contestant must present a written consent signed by a parent or a guardian.
- 4. All contestants must wear protective helmets. Protective gear for knees and elbows is also recommended. Contestants racing on roller-skis should also wear protective goggles. Time will be measured and the order will be determined using electronic timing system. During verification, each contestant will receive a CHIP (the starting pack) and the proper placement of the chip is one of the conditions for competing in the half-marathon and being classified in the final announcement.
- 5. The limit of contestants is 170 people.

V. CATEGORIES AND DISTANCES

Contestants racing on roller-skis start 5 minutes after rollerskaters.

There will be separate classifications for speed racing on rollerskates and for roller-skis.

CAT. K and M	AGE	DATE – DISTANCE – Starting	
		time	
		27 th July 2014 (Sunday)	
SENIORS Open K and M	born 1998 and older	12:00	Half-marathon (21.097 km)
K-1 and M-1	16 – 39	12:00	Half-marathon (21.097 km)
K-2 and M-2	40 – 49	12:00	Half-marathon (21.097 km)
K-3 and M-3	50 – 59	12:00	Half-marathon (21.097 km)
K-4 and M-4	60 and older	12:00	Half-marathon (21.097 km)





The closing ceremony and decoration of the winners will take place in Plac Zwycięstwa at 3:00 p.m.

VI. CONTEST PROCEDURE

- 1. The race will be conducted in accordance with the regulations used by PZSW and PZN. During the race the contestants must wear their starting numbers provided by the organisers, attached to the back of the racing shirt. The starting number must not be covered in whole or in part in such case the contestant will be disqualified.
- 2. Equipment for roller-skis:
- a) the permitted diameter of the wheel is 100 mm (does not apply in case of air-filled wheels)
- b) the participants use their own equipment
- c) the blade may not be shorter than 530 mm.

VII. REGISTRATION

- 1. The contestants must register until 20th July 2014 until 23:59 (11:59 p.m.) at www.osirgoldap.pl via an on-line form.
- 2. To complete the registration, the contestant must correctly fill in the registration form, sing a statement at the Contest Office and pay the starting fee.
- 3. The contestant must pick up their starting number at the Contest Office, which will be open:
- a) on 26th July 2014, from 12:00 p.m. till 9:00 p.m.
- b) on 27th July 2014, from 7:30 a.m. till 11:40 a.m.
- 4. The Contest Office is located in the conference hall at the Goldap Town Hall (Plac Zwycięstwa 14)

VIII. PRIZES

- 1. For 1st 3rd place in the open K and M categories trophies and prizes in cash or in kind.
- 2. For $1^{st} 3^{rd}$ place in the K and M age categories trophies and prizes in kind.
- 3. All prizes in kind have an average value of 200 PLN each.
- 4. Each contestant will receive a starting pack (a racing t-shirt, starting number, a meal and a chip).
- 5. Anyone who completes the race will receive a commemorative medal at the finish line.
- 6. Each contestant from outside Gołdap district who finishes the race at $1^{st} 10^{th}$ place in the OPEN category will receive reimbursement of the travel cost in the amount of 200 PLN.
- 7. Each contestant who is a permanent resident of Goldap municipality and will complete the half-marathon will receive a valuable gift.
- 8. Additionally, there will be prizes for the first 3 contestants racing on roller-skis using the classic technique (roller-skis for classic technique with non-reversible bearing on one axis), and for the 3 first contestants on roller-skis and off-road roller-skis with air-filled wheels.

IX FINANCING RULES

- 1. The cost of organising the competition is covered by the organiser. The costs of travel, accommodation and board will be covered by the contestants or sports clubs.
- 2. The Registration fees for the participants are as follows: in the categories for women K and men M bank account no. 39 1020 4724 0000 3002 0007 5135 to be paid until 20^{th} July 2014, regular fee 20 PLN, students 10 PLN, payments from 21^{st} to 26^{th} July (after deadline) 40 PLN.

X. INSURANCE TERMS

1. Each contestant is participating at their own risk and bears all the risks involved. All contestants acknowledge that taking part in the race involves physical exertion and the natural risk of accidents, injuries and physical trauma (including death), as well as loss and damage to property. Additionally, there may be other risk factors involved, impossible to predict at this moment. By registering with the organiser, the contestant confirms that they considered and evaluated the nature, scope, and degree of risk involved in participating in the contest and that they are willing to take that risk and are participating at their own risk. The contestant acknowledges that they will not act to the detriment of the Organiser. The contestant declares that they shall reimburse the Organiser for all expenses (including lawyers and experts fees) that he Organiser may incur or need to pay to any individual (including the contestant or any of their insurers) in connection with any accident, loss, damage, or injury





(including death), suffered as a result of the presence or participation of the contestant in the race, excluding accidents caused by neglect on the part of the Organiser.

- 2. **Insurance.** The race is insured by the Organiser. However, the organisers do not ensure any life, health, or public liability insurance against illness, accident, injury, death or any loss or damage that may be cause by the presence or participation in the race. However, the contestants are advised to purchase appropriate insurance, should they feel the need to do so.
- 3. The Organiser reserves the right to allow medical and paramedical staff, employed by or on behalf of the Organiser, to provide first aid or perform any other medical procedures, as well as to transport the injured contestant to a safe place. The contestant agrees to the above procedure. The contestant is responsible for covering all medical costs or the transport costs incurred by the Organiser, their partners, medical and paramedical staff servicing the race, and caused by the illness, accident or injuries suffered in connection with of the presence or participation of the contestant in the race.
- 4. Information about the race can be obtained from: Ośrodek Sportu i Rekreacji 19-500 Gołdap ul. Stadionowa 5A, phone/fax 0876150641, mobile phone 600872087 or 530722031, e-mail: osir@osirgoldap.pl.
- 5. Any bookings for free accommodation can be sent to OSiR until 20th July 2014 and persons wishing to arrange their own accommodation can get more information at: http://uzdrowiskogoldap.pl/noclegi/
- 6. The Organiser has the right to interpret the terms and conditions.
- 7. Board for individual participants can be purchased in the town's restaurants and bars.
- 8. The organisers do not provide rollerskates or roller-skis, or any other necessary equipment (helmets, protective gear) or technical maintenance for the contestants.
- 9. Any other transport, except for the rollerskates and roller-skis used by the contestants, is forbidden.
- 10. Clothes and personal items may be deposited at the Contest Office, packed in plastic bags (available at the Contest Office). The collection point will be open on 27th July 2014 from 11:00 a.m. till 3:00 p.m. The items will be returned upon presenting the starting number. Should a starting number be lost, the organisers are released from any liability is the items are picked up by someone else.
- 11. The contestants agree to submit their personal data for processing for the Organiser's internal purposes and give their consent to the Organiser to use the contestant's image in informational, marketing, and promotional materials.
- 12. A starting number may not be transferred to someone else.
- 13. The rollerskate and roller-skis speed racing half-marathon participants are bound by these terms and conditions. By picking up the starting pack, the contestant confirms that they accept the race terms and conditions.
- 14. The final results terms and conditions, and other information are available on the web page under http://www.osirgoldap.pl

These terms and conditions are an invitation to this sports event.

ORGANISER



